

PROCEEDINGS OF THE AGING & DISABILITY RESOURCE CENTER OF BROWN COUNTY BOARD MEETING
August 23, 2018

PRESENT: Larry Epstein, Pat Finder-Stone, Megan Borchardt, Mary Derginer, Randy Johnson, Arlie Doxtater, Deborah Lundberg, Bev Bartlett, Amy Payne, Melanie Maczka, Tom Smith, Mary Johnson

EXCUSED: Linda Mamrosh, Sam Warpinski

ABSENT:

ALSO PRESENT: Laurie Ropson, Debra Bowers, Devon Christianson, Christel Giesen, Kristin Willems, Denise Misovec, Barb Michaels, Carrie Witt, Amy Staniforth, Allyson Crass

The meeting was called to order by Chairperson, Epstein at 8:33 a.m.

PLEDGE OF ALLEGIANCE:

INTRODUCTIONS:

ADOPTIONS OF AGENDA: Ms. Finder-Stone/Supervisor Borchardt moved to adopt the agenda. **MOTION CARRIED.**

APPROVAL OF MINUTES OF REGULAR MEETING OF July 12, 2018:

Mr. Johnson shared an error in July 12, 2018 minutes to show that Mr. Johnson was excused from July's meeting.

Ms. Johnson/Supervisor Borchardt moved to approve the amended minutes of July 12, 2018 **MOTION CARRIED.**

COMMENTS FROM THE PUBLIC:

None

FINANCE REPORT:

A. REVIEW AND APPROVAL OF FINANCE REPORT – July 2018:

Ms. Bowers referred to the 2018 Financial Highlights and ADRC Summary Report to demonstrate the expenses and revenues for the month of July.

Ms. Derginer/Ms. Lundberg moved to approve the Finance Report – July 2018. **MOTION CARRIED.**

B. REVIEW OF RESTRICTED DONATIONS:

Ms. Bowers communicated \$5000 grant from Schreiber for the Grounded Café' for restricted donations received in July 2018.

DIRECTORS REPORT:

A. 3 Year Aging Plan draft plan review:

Ms. Christianson thanked the larger number of ADRC board members that attended the ADRC 3 Year Aging Plan presentation to the Brown County Department of Human Services Committee meeting on 8/22/18. Ms. Christianson also thanked Supervisor Borchardt for her support in presenting to the committee. Ms. Christianson then referred to the Aging Plan presentation and provided a high-level overview of the draft 2019-2021 Aging Plan. Ms. Christianson reviewed the mission and history of the ADRC, she then reviewed the planning, processes and steps taken over the past year to create this 3 year plan. Ms. Christianson thanked board members for their participation in this process as well. Ms. Christianson shared some of the emerging themes that came from the Focus Group discussions and surveys that were conducted including:

- Improving and maintaining ADRC programs and services
- Increasing public awareness of the ADRC
- Transportation and accessibility
- Nutrition awareness and education
- Caregiver supports

Ms. Christians then reviewed the topics under which specific goals were created in the draft aging plan. They include:

- Advocacy
- Healthy Aging
- Nutrition
- Dementia
- Caregivers

Additional conversation ensued. Ms. Bartlett shared her gratitude to Ms. Christianson and ADRC staff for their work over the past year to create this plan.

Ms. Christianson explained next steps in the aging plan approval process including an ADRC public hearing to present the plan, then the plan will go to GWAAR to review any changes made from public input and finally a final vote from the Board in October, 2018.

Ms. Finder-Stone/Ms. Lundberg moved to approve the 3 Year Aging Plan Draft. **MOTION CARRIED.**

B. ICE MACHINE FAILURE AND REPLACEMENT > \$5000.00:

Ms. Christianson explained that Grounded Café' is in need of a replacement ice machine. The cost of the new machine requires ADRC Board approval.

Ms. Bartlett/Ms. Derginer moved to approve purchase of ice machine. **MOTION CARRIED.**

C. BUDGET MEETING WITH COUNTY EXECUTIVE:

Mr. Epstein shared that the meeting to discuss the 2019 ADRC budget with Ms. Christianson and Mr. Streckenbach went very well as he feels the executive office feels that historically the ADRC and ADRC Board have made good budget decisions and has been diligent in considering how best to accommodate customer needs when creating the budget.

Ms. Christianson shared that the ADRC is very appreciative of the partnership the ADRC has enjoyed with Brown County. Ms. Christianson explained the next steps in the approval 2019 ADRC Budget approval process.

STAFF REPORT: BARB MICHAELS PREVENTION:

Ms. Michaels explained that 2 years ago prevention staff were very intentional about asking groups over a 3 month period what topics they wanted for programming. Prior to this, prevention programming was mainly focused on the physical side of health. Input from these groups showed that customers wanted to have offerings that fall into the other dimensions of wellness. These other dimensions include, social, environmental, spiritual, emotional, intellectual and financial. Ms. Michaels believes adding programming that care for some of these other dimensions of health is the reason for the continued increase in customer participation of the prevention programming. Ms. Michaels referred to a PowerPoint that showed some of the programs that were added that fall into each of the categories. Ms. Michaels highlighted additional subjects that customers have particular interest, including brain health and preventing memory loss. Several programs are available to customers on this subject and continue to be very well attended. Brain Enrichment (BE) is an evidenced based workshop. Ms. Michaels shared statistics and comments from customers that attended this class including that 85% of participants noticed a positive impact in memory since starting the program and 95% are using strategies daily that they learned in class. One customer said "My family commented that they noticed my memory was improving and I was remembering my appointments, it has to be from taking this class." Ms. Michaels provided an update on the referral program from EMS to connect fallers to community resources. Currently there are 300 EMS staff trained on the electronic referral process in Brown County.

Ms. Michaels also shared the support in prevention programs from students. One such class was the Life Letters Class. The medical student who provided this class collected data from participants. Pre-class survey data and post-class survey data and were then presented to a conference of physicians in Milwaukee who also were also more informed about the ADRC.

Additional discussion ensued. Ms. Christianson thanked Ms. Michaels and the prevention team for their outstanding work and commitment.

LEGISLATIVE UPDATES: none to report

ANNOUNCEMENTS:

Amy Staniforth introduced herself to the ADRC Board. Ms. Staniforth has been hired at the ADRC to fill the open Switchboard/Receptionist position.

Ms. Misovec shared that the construction project at Curative Connections is underway and going well.

Ms. Johnson requested that an update on the ADRC Loan Closet be added to September's ADRC Board Meeting agenda.

NEXT MEETING – September 27, 2018 is the next ADRC Board of Directors Meeting.

ADJOURN: Mr. Johnson/Supervisor Borchardt moved to adjourn the meeting. **MOTION CARRIED.**

The meeting adjourned at 10:28 a.m.

Respectfully Submitted,
Kristin Willems,
Administrative Specialist